

An Environmental Scan of Respite Care Services Available in Quebec: Preliminary Results for Palliative and Cancer Care Services

Gabrielle Lalonde-LeBlond gabrielle.lalonde-leblond@mail.mcgill.ca
Co-authors: Aimee Castro, Antonia Arnaert, John Kildea, Karyn Moffatt, Vasiliki Bitzas, Audrey-Jane Hall, Argerie Tsimicalis

Gap: There is no clear, comprehensive & easily accessible information on overall or specific respite care resources offered in Quebec.

Objectives

- (a) Identify, compile & centralize respite care services available in Quebec, with a focused analysis of services for palliative & cancer care
- (b) Describe service-specific features
- (c) Identify gaps in service provision & compare respite care services to best practice guidelines

Methods

- Environmental scan of Canadian Cancer Society Community Services Locator; 19 English keywords; **Location:** Quebec, Canada
- De-duplication & Screening:** Respite care service offered in Quebec, in-person, by an official organization
- Analysis using the ARCH National Respite Network and Resource Center’s guiding principles for respite models & services [9]



Results

- Total of 1,168 results, 270 results were screened; **15 respite care services specific to cancer & palliative populations, offering at-home services were identified**
- Reason for exclusion:** Home support service not specifically mentioning respite
- User profiles:** Individuals with cancer or other illnesses, at the end-of-life, older adults, adults with a loss of autonomy

Implications

Creation of a separate **user-friendly resource** to be disseminated to **palliative care teams & families**, and to be incorporated into an **app to coordinate palliative oncology respite care services**: <https://aimeecastro.com/irespite-services-irepit/>

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